STEP 1: GO TO APP.SPRUCEHEALTH.COM/LOGIN

STEP 2: LOGIN INTO EXISTING ACCOUNT IF YOU ALREADY HAVE ONE OR CREATE NEW ACCOUNT IF YOU DON'T HAVE AN ACCOUNT



STEP 3: CLICK ON THE LOCK NEXT TO THE URL



STEP 4: CLICK ON SITE SETTINGS

Spruce Web App			\$	Settings
health.com/o	all/ipc_1ALTJKSU	IJFO00/ey	JhbGci	OiJIUzI
s secure		×	me - P	ubMed ·
n (for example, ate when it is se	passwords or credit ent to this site. Lean	card n more		
	Allow	-		
ne	Allow	-		
nd redirects	Allow	-		
	Allow	-		
Valid)				
in use)				
5	L3			
COLUMN STREET, SAN LAND				

STEP 5: ENABLE CAMERA AND MICROPHONE BY SELECTING "ALLOW"

STEP 6: ACCEPT MY CALL

٠	Notifications
<>	JavaScript
*	Flash
	Images
ø	Pop-ups and redirects
	Ads Block if site shows intrusive or misleading ads
Φ	Background sync
•	Sound

Allow Block (default) Allow (default) Allow